

I Believe in You

*You are your own greatest asset-
there is nothing you cannot do.*

*No one can keep you from dreaming your dreams,
and only you can prevent them from coming true.*

*Your achievements are not determined by your ability alone,
but by the desire you possess to reach them.*

*There are no worlds outside of those you create for yourself,
and the only boundaries are those you establish
and choose to live within...*

*Never be afraid to defend your decisions, regardless.
No one can possibly know what is best for you other than yourself.*

*And if you ever feel as if you're losing control,
know that I am here to listen
and that I believe in you.*

~ Jerry Everton ~

Winners

Winners are generous with their praise and lavish with their expressions of love and concern.

Winners gain love and acceptance of others by revealing the richness of their emotions. Rather than opting for safety, they present their authentic selves, which draws people to them.

In a love relationship, winners make the first move and risk being abandoned. They tell the other person they care.

Winners reexamine the behaviors and sex-role models set down by society. They try to be their own kind of person.

Winners enjoy the emotional nourishment derived from friends, the sense of security that being close can give.

Winners work toward a peer relationship where the partners are neither right nor wrong, where both are human, make errors, share frailties, and are respectful and loving.

Winners strive to be open about who they are, revealing the many aspects of their personalities. They let others see their shortcomings as well as their winner qualities.

Winners realize that perfection is not only unobtainable but undesirable.

Winners use large amounts of kindness and consideration, which offset any intimidating feelings others may have about their power and influence. By combining strength with sharing their weaknesses, they inspire devotion.

Winners talk about their fragile feelings and ask directly for what they want. Consequently, other people understand them more, become careful about treading on their sensitive areas, and are more thoughtful about their needs.