

HUGS

*It's wondrous what a hug can do
It can cheer you when you're feeling blue.
A hug can say, 'I love you so,'
or, 'Gee! I hate to see you go.'*

*A hug can say. 'Welcome back again!'
A hug can soothe a small child's pain
And bring a rainbow after rain.*

*Hugs are great for mothers and fathers,
Sweet for sisters, swell for brothers,
and chances are your favorite aunts
will love them more than potted plants.*

*Kittens crave them. Puppies love them.
Heads of state are not above them.
Hugs can break the language barrier,
And make your day so much merrier.*

*A hug warms and charms -
It must be why God gave us arms.*

*No need to fret about your store of 'em,
The more you give...
the more there is of them.*

*There's just no doubt about it,
We simply could not live without it.
So spread your arms without delay,
and give someone a hug today!*

Ruth Sutton